

9th Grade Interim Information

TRIP:	Active in Northern Arizona
WHEN:	Monday, October 12 to Thursday, October 15, 2026
WHERE:	Flagstaff and Sedona
LODGING:	Country Inn and Suites, 224 S. Mikes Pike Rd, Flagstaff, AZ
TRANSPORTATION:	12 passenger Vans
DEPARTURE:	October 12, 7:30am. Please be in the parking lot by 7:15. We'll meet in the dirt lot near the gym. On your right as you pull into school.
RETURN:	October 15, approximately 3:30pm In the dirt lot near the gym.
COST:	\$650 - The cost will cover transportation, lodging, all meals and all activities.
Balance Due:	A 50% deposit of \$325 is due August 30. Final Balance is due on September 30. Expenditures are made for the student by The Gregory School based on the payment of any deposit and/or final balance made toward the trip. Once any/all payment is paid, that amount is non-refundable.
PACKET CONTENTS:	Trip Itinerary, Chaperone Information, WAIVERS, List of What to Bring, Interim Phone Policy
PLEASE RETURN:	Medication Information and Release – <i>Signatures Required</i> Trip Expectations and Policies– <i>Signatures Required</i> Consent, Release and Indemnity Agreement – <i>Signatures</i> Required Flagstaff Extreme, Waiver - <i>Signatures and 10 Initials Required</i> Verde Adventures, Waiver - <i>Online Signature Required</i>

ATTACHED, PLEASE FIND ALL THE FORMS THAT ARE REQUIRED TO BE SIGNED IN ORDER FOR STUDENT TO PARTICIPATE IN THIS TRIP.

PLEASE RETURN ALL FORMS TO ANGELA EARNHART by TUESDAY, October 6.

IF YOU HAVE ANY QUESTIONS PLEASE CALL Angela Earnhart (Trip Coordinator).

Active in Northern Arizona

Faculty Chaperones:	Angela Earnhart	Cell: (520) 243-3222
	Kelly Thompson	Cell: (928) 864-6169
	Anthony Russo	Cell: (980) 337-8652
	Josh Dickinson	Cell: (520) 260-3232
	Dennis Conner	Cell: (520) 390-0469
	Alicia Saposnik	Cell: (520) 258-9850

Itinerary (Subject to change)

Monday, October 12	7:30am	Depart TGS Kayaking down Verde River Group Park Picnic and Downtown Flagstaff Swim Time
Tuesday, October 13		Breakfast at hotel Bel Rock Hike and visit Sedona Dinner and Movie Night
Wednesday, October 14		Breakfast at hotel Flagstaff Extreme (9am) Group Dinner and The NAU Hot Spot Visit the Lowell Observatory
Thursday, October 15		Breakfast and check out of hotel Walnut Grove Hike and Hieroglyphs Lunch
	3:30pm	Return to TGS

What to Bring on the Trip

Spending Money: Spending money is not necessary but always an option for our time in Sedona.

Luggage: One backpack and one suitcase/duffel bag will be allowed. You must be able to carry all your luggage in one trip to and from the van.

Student will be completely responsible for the safekeeping of all items brought on the trip. No other student will be held responsible for damage to or loss of these items.

Electronics: Although electronics may be brought on the trip, each student is responsible for the safekeeping of these items, as with all items brought on the trip, no other student shall be held responsible for damage to or loss of these items. Additionally, all students must abide by the TGS Technology Acceptable Use Policy as stated in the Student Handbook. **There will be times when students DO NOT have their phones. If you need to get a hold of your child for an emergency, please reach out to any of our chaperones.**

Medication: Bring only enough medication to last the entire trip duration. Keep it in the original packaging/bottle that identifies the prescribing physician (if prescription medication), the name of the medication, the dosage, and the frequency of administration. Please make sure the completed Medication Information and Release form in this packet is accurate about whether your student is unable to self-administer medications. **We will collect all medications the morning of the trip, if needed.**

Dietary Needs: Please notify the Trip Coordinator in advance of special dietary needs.

Packing List for 9th Grade Interim Week Trip to Flagstaff

Weather in Flagstaff: Average high for October is 63 degrees; average low is 32 degrees

What to Bring:

- LAYERS! You should dress warm each morning and be able to shed layers as the temperature increases.
- Athletic Shoes that can tie to your feet. Avoid crocks, slides or slip-on Vans.
- Old pair of shoes that can get wet or tevas/water shoes. You will probably NOT be able to wear these shoes again during the trip.
- Multiple clothing items that will allow you to be active (see below)! Avoid skinny jeans or too-short shorts.
- Long pants or long shorts to wear under your high ropes course harness.
- Sweatshirt for chilly weather at night.
- ****BRING A VAN BAG!** Your van bag should have a trash bag for wet clothes, a dry change of clothes and a water bottle for kayaking on Monday. When you get off the river from kayaking, your wet clothes and shoes will go in the trash bag and you will put on the dry clothes for the ride to the Flagstaff.**
- PJs
- Sunscreen
- Hat
- Sunglasses
- Reusable Water Bottle
- Swimsuit and towel
- Toiletries...**DEODORANT**, tooth brush, hair brush, etc.
- Charging cord with a cube for your phone. It may be a good idea for one roommate to bring a power strip so all phones can be charged at night.
- Small backpack for hiking
- Book or bus activities?

Clothing:

- Jeans/ pants
- Shorts
- Sweatshirts
- Shirts
- Undergarments
- Socks
- Light jacket
- Tennis shoes and/or hiking boots
- Swim suit

Medication Information and Release

Student Name: _____

Please list all medications, including over-the counter or nonprescription drugs, that are taken by Student routinely. Bring only enough medication to last the entire trip duration. Keep it in the original packaging/bottle that identifies the prescribing physician (if prescription medication), the name of the medication, the dosage, and the frequency of administration. Please do not include any medication/vitamin/supplement in gummy form as these will melt on our trip.

I give The Gregory School chaperones permission to distribute the following to Student as needed: (check all that apply)

Tylenol (350 mg) _____ Allergy Relief Medication (diphenhydramine) (25 mg) _____
Tums _____ Ibuprofen (200 mg) _____ Hydrocortisone Cream _____

____ Student takes no medications (including over-the-counter or nonprescription drugs) on a routine basis that will be brought on the trip.

____ Student takes the following medication (including over-the-counter or non-prescription drugs) on a regular basis, which medication will be brought on the trip.

Medication #1 _____
Reason: _____

Medication #2 _____
Reason: _____

Medication #3 _____
Reason: _____

____ Student is able to and will self-administer their own medication on the trip.

____ Student is **not** able to self-administer their own medication and I hereby give The Gregory School trip chaperones permission to administer the above medication(s) to the Student. Dosages will be administered according to directions on the bottle or package unless a physician directs otherwise. I hereby certify that Student has not in the past shown any allergic or other adverse reaction to any of the medications which you are hereby authorized to administer.

Please share with the trip chaperones any pertinent medical or other information that they should know about your child while on this trip.

In the event of illness or injury requiring medical attention, I understand that reasonable attempts will be made by the TGS Trip Coordinator/chaperones and/or medical personnel to contact me. In the event emergency treatment is deemed necessary by medical personnel in the meantime, however, I consent to such treatment, and I acknowledge that I am responsible for and assume all financial responsibility (subject to any insurance) for all costs in connection with the care and treatment rendered to Student.

Parent/Guardian Signature: _____ Date: _____

Phone Number at which I can be reached: _____

Trip Expectations and Policies

It is our goal to promote a trip atmosphere where group coordinators/chaperones and students support one another with genuine respect. All participants are expected to demonstrate a high standard of conduct and to accept personal responsibility and consequences for their actions. You are expected to exhibit honesty, courtesy, and consideration toward others. This includes those in your group, as well as anyone else with whom you may come in contact—such as trip leaders, bus drivers, guides, and restaurant and hotel staff. To maintain an enjoyable and safe atmosphere for all involved, the following policies are to be complied with:

GENERAL

1. The student shall abide by the contents of the Handbook for Students and Parents, including the four guiding school principles:
 - a. Honesty - Act with integrity at all times.
 - b. Respect - Respect oneself and be respectful of all people, property, and the environment.
 - c. Responsibility – Fulfill all commitments and be personally accountable for your choices.
 - d. Safety - Make wise choices, concerned for the well-being, health, and welfare of all yourself and others.
2. The student shall conduct themselves according to the rules and guidelines pertaining to whatever activity the group is doing, and will act in no manner which might discredit themselves, the group or The Gregory School.
3. Students will be courteous and attentive to those providing information or instructions – no talking or side conversations.
4. The student is to follow the directions and the rules and regulations established by the trip coordinator, chaperones and/or trip guides, both prior to and during the trip.
5. Except for items intentionally left at a hotel or on a bus to which the group is returning, students will keep personal possessions with them at all times, recognizing that the group will not be able to return to a location to collect anything left behind. Student is responsible for the safekeeping of all their items, and no other student shall be held responsible for damage to or loss of these items.
6. Students will stay with the appropriate group and/or buddy(ies) at all times.
7. Students will show respect by being on time so the rest of the group does not have to wait.
8. Students will comply with the Handbook for Students and Parents with regard to the use of any electronic devices, including mobile phone. Student agrees that any/all electronic devices will be used in a manner that is consistent with the school's educational purposes, environment, and mission. By signing this document, it is acknowledged that the trip coordinator/chaperones have the right to monitor these resources and/or prohibit the use of the same in particular circumstances, to ensure compliance with the school's policies.
9. If a problem arises, the student agrees to seek out a trip coordinator/chaperone.

LAWS/SAFETY

1. The student shall not be involved in any way with smoking of any kind (including vaping and juuling), alcohol, non-prescription drugs, vandalism, theft/shoplifting, intentional physical injury to another, or any other illegal conduct or type of behavior that is judged by the trip coordinator/chaperones to be detrimental to the health, well-being, safety, or reputation of the student, the group, any trip guides, or The Gregory School. Any student caught engaging in any of these activities is likely will be sent home on the next available flight, at your parent's/guardian's expense.
2. Student will not be in possession of medications of any kind other than those specifically pre-authorized by parent/guardian on the attached Medication and Information Release form.
3. The student will comply with all rules and regulations of the various governmental and commercial agencies involved in the trip (such as airlines, hotels, bus companies, etc.).
4. Student will observe all local traffic and safety precautions, including using crosswalks when available, and using special care when on elevated walkways, escalators, stairs or balconies.
5. Student will stay on sidewalks and not climb or scale structures, ledges, walls or embankments that have not been designed for that purpose.

HOTEL EXPECTATIONS

1. Student will not run, throw any object, tamper with hotel property, or talk loudly while in a hotel.
2. Hotel facilities must be left in the same or better condition from which they were found. Student will notify a chaperone if their room is not clean upon arrival. The student is responsible for any damage to the facilities with which the student is involved.
3. At the designated time each day, student will be in their assigned room, and will remain in such assigned rooms until permission is given by the trip coordinator/chaperone to leave their rooms.
4. Daily quiet hours at the hotel will be observed during the hours set by the trip coordinator.
5. The student will never leave the hotel unless accompanied by a chaperone.
6. The student will cooperate with their roommate(s) to decide on a room leader who will be responsible for the room key.
7. Student will not leave valuables in their room. If student has brought a considerable amount of money, student will entrust it to one of the chaperones, using the envelope system, or use the hotel safety deposit box, to store any money not needed for a particular day.
8. Student will not leave their room unlocked and will be certain that the room leader has the key and the door is locked when the group leaves the room.
9. Student will cooperate with the roommate(s) to ensure the security chain or privacy lock is engaged when in the room.
10. In the event there is a knock at the door, student will find out who is there before opening it and. To the extent it is not someone who is allowed, including hotel security, student will contact a chaperone before opening the door.
11. Upon arrival at the hotel, the roommates shall review general hotel fire procedures, usually found on the room door, and locate the nearest fire exit from the room. In the event of a fire alarm, the roommates shall take the room key and at least one phone, walk

to the nearest exit/stairs (not the elevator), and go to a meeting place designated by the chaperones.

If the student should violate any of these rules, both student and parent/guardian understand that the student may face consequences for such actions. Such consequences could include a warning, a call home to explain to a parent/guardian what has occurred, and/or other situation-specific consequence. Additionally, in the discretion of the trip coordinator and/or school administration, repeated and/or serious violations of the above policies and/or the law could result in the student being sent home early at the parent's/guardian's expense without a chaperone, a loss of the privilege of traveling with a TGS group in the future and/or forfeiture of enrollment at The Gregory School.

STUDENT CONTRACT

I have read and I understand the Trip Expectations and Policies above. To the best of my ability, I will comply with all of these expectations and policies, and understand that there will be consequences for failure to do so.

Student Signature: _____ Date: _____

PARENT/GUARDIAN CONTRACT

I have read and I understand and support the Trip Expectations and Policies above, and am signing this on my own behalf and that of any other parent or guardian, as may be applicable. I agree to support the trip coordinator/chaperones, and understand that any serious or repeat violation by my student of the policies and/or the law may result in my obligation to arrange and pay for my student to return home early without a chaperone, a loss to the student of the privilege of traveling with TGS in the future and/or forfeiture of enrollment by the student at The Gregory School.

Parent/Guardian Signature: _____ Date: _____

Phone number at which I can be reached during the trip: _____

CONSENT, RELEASE AND INDEMNITY AGREEMENT

Read this agreement very carefully – This is a release of liability

The Gregory School student _____ and the student's parent(s)/guardian(s)/custodian(s) desire that student participate in the activity described below. The undersigned hereby consent to and grant permission for student to participate in the following activity:

ACTIVITY: 9th Grade Interim Tip, including any and all related activities and events, as well as transportation to and from any site of the activity and leisure time activities

In consideration of the student's participation in the Activity, I/we acknowledge that The Gregory School requires that this Consent, Release, and Indemnity Agreement be executed by the student's parent/guardian/custodian, and by the student if student is over the age of 18 at the date of signing. To the extent student is under the age of 18, parent's/guardian's/custodian's execution hereof will be on their own behalf, the student's behalf, and encompass all heirs, assigns and next of kin of each of them.

I/We acknowledge that participating in the Activity involves certain risks to the student and that injuries (including death), illnesses, damage, property damage, loss or other harm could occur. I/We accept and voluntarily assume any and all risks of any illnesses, injuries (including death), damages, property damages, loss or harm which arise during or resulting from student's participation in the Activity, regardless of whether it was caused in whole or in part by the negligence of The Gregory School, its officers, trustees, employees, faculty, agents, representatives, volunteers, and/or students (the "Released Parties").

Accordingly, the undersigned, jointly and severally, hereby waive and release all claims against any of the Released Parties for any injuries (including death), illnesses, damages, property damages, losses, debts or claims, whether known or unknown, which arise during or result from student's participation in the Activity, regardless of whether caused in whole or in part by the sole or contributory negligence or other fault of any of the Released Parties. I/We release and forever discharge the Released Parties from all such claims.

I/We agree to indemnify and hold harmless the Released Parties from all losses, liabilities, damages, costs, and/or expenses, including, but not limited to reasonable attorneys' fees and other litigation costs and expenses, incurred by any of the Released Parties as a result of any claims or suits that I/we, or anyone claiming by, under or through me/us, may bring against any of the Released Parties to recover any losses, liabilities, damages, costs, and/or expenses which arise during or result from student's participation in the Activity, regardless of whether caused in whole or in part by the negligence or other fault of any of the Released Parties.

The undersigned also agree to indemnify and hold harmless the Released Parties from and against any and all claims, demands, losses, expense cost, damages, or liability arising out of or with respect to any action, claim or demand of every kind and nature whatsoever which may be made against Released Parties, or any them, which may be sustained as a result of any injury to student, the undersigned or to another person or to property, caused directly or indirectly by student.

The undersigned expressly agree that this Consent, Release and Indemnity Agreement is intended to be as broad and inclusive as permitted by law and that if any portion thereof is held invalid, the balance shall continue in full force and effect.

All terms of this Agreement are deemed incorporated herein by reference, except that Arizona law shall govern this Agreement and any claim or controversy solely between any of the undersigned and The Gregory School shall be brought in Pima County, Arizona.

IN WITNESS WHEREOF, the undersigned, intending to be legally bound, have executed this Consent, Release, and Indemnity Agreement as of the date set forth next to the signatures below.

Dated: _____

Signature – parent/guardian/custodian

Printed name - parent/guardian/custodian

Dated: _____

Signature – student (if student is at least 18 years of age)

ACTION ITEMS FOR PARENTS AND STUDENTS!

Signatures are **REQUIRED** on all forms. Please fill forms out and return to Angela Earnhart no later than October 5, 2026.

- I have been to <https://web.wherewolf.co.nz/kmr52p> and filled out my online waiver for kayaking
- I have filled out the hard copy waiver for Flagstaff Extreme, **including the TEN spots to initial on the left side of the waiver.**
- I have filled out the hard copy Medical Information and Release
- I have filled out the hard copy of Trip Expectations and Policies
- I have filled out the hard copy of the Consent, Release and Indemnity Agreement